



**Project HE:RO
Ben Rhydding Primary
School Impact Report**





How Project HE:RO helped Ben Rhydding School



Health Mentors



Days of support per week



Days of support per year



Health Mentor attendance average



Number of after school clubs



After school club pupil attendance average

Emotional wellbeing is a better predictor of success than demographics, how much your family makes or grades.

Gutman and Vorhaus
"The Impact of Pupil Behaviour and Wellbeing on Educational Outcomes"
Department for Education, 2012



Objectives



Project HE:RO objectives at this school are as follows:



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- Improve the quality of PE teaching for selected teachers and to gain equipment for the Martial Arts after school club, and Improve the overall P.E resources at school.
- To increase mentoring survey results to at least 60% for selected children.
- To increase physical activity in school at after school clubs, and to improve the provision of LTA for Year 5 and 6 pupils.





Strategy



No two days are alike for a Health Mentor. They spend their time running Breakfast Clubs, mentoring, coordinating lunchtime play, classroom coaching, organising PE classes, and developing rapport with pupils in order to maximise their potential.

The way that Health Mentors are used will vary from school to school, depending on the priorities of each headteacher and the needs of their pupils. This is how Health Mentors used their time in this instance:



Outcomes Achieved



All teachers who have participated in CPD at Ben Rhydding reported an improvement of between 10% and 30% on the P.E perception surveys.

Attendance at both after school clubs was over 80%. School also agreed to the purchase of Martial Art specific supplies.



Testimonials



"I have thoroughly enjoyed working at Ben Rhydding. The staff are fantastic and the children are always eager to learn".

Jack Halliday, Health Mentor





Next year



A key focus at Ben Rhydding for the 2015/16 academic year is to increase the opportunities and quantity of inter school fixtures, tournaments and matches participated in.



About Evolve



Evolve is a social impact company that develops grassroots, upstream programmes to provide additional care, emotional support and engagement to the pupils that need it most.

We use versatile, specialised staff called Health Mentors to help support pupils' learning in schools across the country. Health Mentors use one to one

mentoring and take the time to develop meaningful relationships with individual pupils in order to inspire and engage children.

Evolve also offer: XLR8, a transition programme during school holidays and School Vitality Initiative, a one-day creative event that engages children and upskills staff.

About Project HE:RO



Project HE:RO is a programme designed by Evolve to address the key issues that primary school pupils, particularly in inner city schools, face. HE:RO supports pupils, teachers, parents and school staff by providing

highly trained Health Mentors that address physical, social and emotional wellbeing issues to get pupils in the right frame of mind for learning.



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